

Dr Mahnaz Ilkhani

Education

- Doctorate in Clinical Practice 2008-2013
Southampton University - England
- First Grade Masters in Nursing Education 1988-1991
Shahid Beheshti University - Tehran
- First Grade Bachelor in Nursing 1985-1988
Shahid Beheshti University - Tehran

Work Experience

- Director of Continuing Education Center March 2014-present
Shahid Beheshti University – Tehran
- Reviewer of Evidence Based Care Journal Aug 2018-present
- Asian Pacific Journal of Cancer Prevention March 2018-present
- Reviewer of Asia-Pacific Journal of Oncology Nursing Aug 2018-present
- Reviewer of Journal of Research in Nursing and Midwifery August 2015present
- Reviewer of International Research Journal of Medicine and Medical Sciences March 2015-present
- President of Nursing committee in ISCO January 2015 present
- Editor, Supportive and Palliative Care in Cancer April 2015-present
- Member of National Palliative Care Committee (establishing and organising palliative care settings in Iran) March 2014-present
- Nurse staff in NHS 2008-2014
- Senior Lecturer - School of Nursing and Midwifery – Shahid Beheshti University – Tehran (oncology nursing) 1991-2008
- Head nurse and bed manager – Radiation Oncology Department - Shohada Hospital (setup of the department, training nurses, management) 1996-2005
- Advisor to MAHAK charity (childhood cancer charity) 1996-2008
- Instructor and member of scientific committee of Iranian Ostomy Society 2004-present

Publications

- Recent Articles
“Family interactions in childhood leukemia: an exploratory descriptive study”, Supportive Care in Cancer, 2018, 1-8
“Correlation between quality of life and adherence to treatment in hemodialysis patient”, Journal of Renal Injury Prevention, 2018, 7
“Prevalence of depression among diabetic patients undergoing hemodialysis”, Journal of Diabetes Nursing, Zabol University of Medical Sciences, Iran, 2018.

“Massage for Pain Management in Patients with Sickle Cell Disease: A Review Study”, Jundishapur Journal of Chronic Disease Care, 2018 January; 7(1):e62315.

“The outcomes of stress exposure in hemodialysis patients“, Journal of Renal Injury Prevention, 2017; 6(4): 275-281.

“Auditing Palliative Care Provided by Nurses for Chronic Pain Management in the Elderly”, 2017, Advances in Nursing & Midwifery, 27 (1).

“Prediction of quality of life in dialysis patients based on anxiety and depression”, Medical Surgical Nursing in Zahedan University

“The Spiritual Challenges Faced by Family Caregivers of Patients With Cancer: A Qualitative Study“, 2017, Holistic Nursing Practice 31 (2), 110-117

“Auditing of Discharge Education to Coronary Angiography Patients”, Critical Care Nursing Journal, 2016; 9(3):e8079.

“The supportive care needs of Iranian women with breast cancer treated with chemotherapy“, International Journal of Advanced Biotechnology and Research (IJBR), 2016, 7 (4), 1641-1649.

“The Effect of Spiritual Care on Mental Health in Mothers of Children With Cancer”, Holistic Nursing Practice, 2016, 30 (6), 330-337

“Correlation between spiritual attitude and hope with quality of life in adolescents with chronic disease”, Medical Ethics, 2016, 9 (34), 143-163

“Correlation between Nurses’ Knowledge and Quality of Nursing Care for Prevention of Pressure Ulcers in Intensive Care Units”, Journal of Hayat, 2016, 22 (1), 90-101

“Nursing curricula relating to care for disabled children: literature review”, International Nursing Review, July 2016, 1-6.

“Patient decision aids and outcomes of its performance into routine clinical settings: A review article”, Journal of Shahid Beheshti School of Nursing & Midwifery, 2016, 25 (89)

“An investigation of factors associated adaptation of mothers to disease of child with cancer based on roy model testing”,. Qom Univ Med Sci Journal, 2016;9(11):41-50.

“The effect of aerobics on mild depression in children with cancer”, Medical-Surgical Nursing Journal, 2015, 4 (3), 29-35

“Are the children’s and young people’s units disabled friendly? A preliminary inquiry”, *Working Papers in Health Sciences*, 1(1), 2012.

“Childhood cancer follow-up care in Iran: A descriptive study”, Pediatric Blood & Cancer, 2011, 56 (5), 893-893

- **Books**

- Ilkhani, M. Designing Service Evaluation, in “Nursing and Healthcare Research at a Glance”, Glasper, A., Rees, Colin, Oxford: Wiley Blackwell, 2017.pp: 50-53.
- “Palliation therapy: Relaxation, Humours, Music therapy, Imagery and Therapeutic touch”, Tehran, Iran, 2003.
- “New approaches in Cancer Care”, Tehran, Iran, 1991.

- **Booklets**

- “Food suggestions for Cancer patient”, Shohadah Hospital, Tehran, Iran, 2001, 2006.
- “Care of patients with chemotherapy”, Shohadah Hospital, Tehran, Iran, 2001.
- “Skin care for radiation patients”, Shohadah Hospital, Tehran, Iran, 1999.
- “General side effects for radiation patients”, Shohadah Hospital, Tehran, Iran, 1999.
- “Some points for isolation patients”, Shohadah Hospital, Tehran, Iran, 1999.
- “Assessment tool for patients with burns”, Nursing Faculty of Shahid Beheshti University, Tehran, Iran, 1993.

“Assessment tool for chemotherapy and radiotherapy”, Nursing Faculty of Shahid Beheshti University, Tehran, Iran, 1991.

Selected Presentations

- “Breast Cancer Care Nursing in Iran”, The 13th International Breast Cancer Congress, Tehran-Iran, 14-16 Feb 2018.
- “Work shop: Malignant Wound Care”, The 13th International Breast Cancer Congress, Tehran-Iran, 14-16 Feb 2018.
- “Prevention and Nursing Care in Breast Cancer”, Breast Cancer Conference, Isfahan, Iran, 26 Dec 2017 .
- “Challenges for Iranian Oncology Nurses”, The 2nd International Clinical Oncology Congress , Tehran, Iran, 13-15 Dec 2017.
- “Breast Cancer Care”, The 2nd International Clinical Oncology Congress , Tehran, Iran, 13-15 Dec 2017.
- “Roles of the breast care nurse specialist”, The First International Clinical Oncology Nursing Congress”, Tehran, Iran, 9-11 November 2016
- “Breast Cancer Care Nursing”, Haematology-Oncology Nursing Conference, Mashad, Iran, September, 2015
- “The inpatient hospital care delivery to disabled children and young people and those with complex health needs”. International Conference “Building the evidence base for practice”, Jersey General Hospital, St Helier, Jersey, Channel Islands, 4– 5 September 2014.
- “Symptom management: a Multidisciplinary team approach”, Palliative care in different age group among cancer patients seminar, Tehran, Iran, October 2013
- “Palliative care”, The 17th Iranian Urology Congress, Tehran-Iran April 2012 (workshop)
- “The inpatient hospital care delivery to disabled children and young people and those with complex health needs”. Health Sciences Postgraduate Research Conference, Southampton University, Southampton, UK, 27 June 2012 (poster presentation).
- “End of life care for Iranian childhood cancer”. 12th Congress of the European Association for Palliative Care, Lisbon, 19-21 May 2011 (poster presentation - not attended).
- “Childhood follow-up care in Iran: A descriptive study”. 12th International Paediatric Haematology Oncology, Edinburgh, 29-30 April 2010 (poster presentation - not attended).
- “The nursing role in palliative care”. 1st Congress of Palliative and Supportive Cancer Care, Tehran, Iran, April 2008.
- “First step for oncology nursing in Iran”. 19th Asia Pacific Cancer Congress and 1st APCC Nursing Meeting, Tehran, Iran, 15-17 November 2007.
- “Skin complications in ostomates”. 1st Coloproctology Congress, Tehran, Iran, 21-23 Feb 2007.
- “Determine the rate of complications and relationship with stoma sitting in Iranian ostomates”. Hong Kong, 2006 (not attended).
- “Determine the rate of complications and relationship with stoma sitting in Iranian ostomates”. 16th Biennial Congress of the World Council of Enterostomal Therapists, Hong Kong, 2-6 July 2006.
- “Ostomy skin complications in Iranian ostomates”. Malaysia, 2005.

Research Projects

- **Main supervisor.** “Assessing Quality of Nursing Record and Nursing Documentation in Intensive Care Unit and Finding Approaches for Improvement”, Shahid Beheshti University, Tehran, Iran, 2017
- **Main supervisor.** “Check the quality of nursing care of patients with heart failure in the closing stages of life and to determine solutions in the special section of the hospital”, Shahid Beheshti University, Tehran, Iran, 2017
- **Main supervisor.** Survey on Quality of Nursing Care to Measuring and Recording Vital Signs and Determining Action Plan in Selected Shaheed Behashati University Hospital 2016”, Shahid Beheshti University, Tehran, Iran
- **Second supervisor.** “The supportive care needs of Iranian women with breast cancer treated with chemotherapy”, Shahid Beheshti University, Tehran, Iran, 2016
- **Second supervisor.** “ The effect of yoga breathing and relaxation exercise on stress, anxiety and depression in patients undergoing coronary artery bypass graft surgery in the selected hospital of Kermanshah in 1395 ”, Shahid Beheshti University, Tehran, Iran, 2016
- **Advisor:** "The Effects of Education Based on Ethical Sensitivity Promotion on Nursing Care Behavior from the viewpoint of hospitalized patients in Cardiac Surgery Wards of Naft and Mehr Hospitals in Ahwaz", Shahid Beheshti University, Tehran, Iran, 2016.
- **Second Supervisor.**” Relationship between Quality of Learning Experiences and Academic Burnout in Nursing Students of Shahid Beheshti University of Medical Sciences”, Shahid Beheshti University, Tehran, Iran, 2016.
- **Second Supervisor.** “Correlation between Job Satisfaction and Desire to Migrate among nurses who work at selected teaching hospital at Tehran ”, Shahid Beheshti University, Tehran, Iran, 2016.
- **Second Supervisor.** “Survey of comparing Discharge Nursing Education with the standards in patients with Diabetes Type 2 in hospitals affiliated in Yazd University of Medical Sciences in 2015, Shahid Beheshti University, Tehran, Iran, 2015.
- **Main Supervisor.** “Curriculum development associated with physical care at home for mothers of children under hematopoietic stem cell transplant in selected hospital of Tehran city, 1393-1394”, Shahid Beheshti University, Tehran, Iran, 2015.
- **Main Supervisor.** “Correlation between religious orientation and hope in patients with breast cancer referring to selected hospital of Shahid Beheshti University of Medical Sciences in Tehran, in 1394-1393”, Shahid Beheshti University, Tehran, Iran, 2015.
- **Main Supervisor.** “An investigation about the level of similarity between active nurses reporting in ICU departments with available standards in selected hospitals in the city of Kermanshah in 1394-1393”, Shahid Beheshti University, Tehran, Iran, 2015.
- **Advisor.**” The Effect of Rythmic Movements on Mild Depression of Children with Cancer”, Shahid Beheshti University, Tehran, Iran, 2015
- **Second Supervisor.**” Factors Associated with Adaptation Mothers among Child with Cancer: Roy Model Testing”, Shahid Beheshti University, Tehran, Iran, 2014.
- **Second Supervisor,** ““Correlation between Nurses’ Knowledge and Quality of Nursing Care for Prevention of Pressure Ulcers in Intensive Care Units”, Shahid Beheshti University, Tehran, Iran, 2014.
- **Advisor.**” Assessment of effectiveness of spiritual care on mental health and spiritual health of mothers of children with cancer”, Shahid Beheshti University, Tehran, Iran, 2014

- **Advisor.** “Determining Correlation between Spiritual Attitudes and Hopefully with Quality of Life in Adolescents with Chronic Life-threatening illness Admitted to the Teaching Hospitals in Tehran”, Shahid Beheshti University, Tehran, Iran, 2014.
Advisor. “The effects of how to implementing an educational program relates to evidence based practice on knowledge and attitudes of nurses in hospitals, Emam Hossein and Khatam ol Anbia, Tehran, 2014”, Shahid Beheshti University, Tehran, Iran, 2014.
- **Researcher.** “The inpatient hospital care for disabled children and young people and those with complex health needs”. University of Southampton, England, 2008-2013.
- **Co-researcher.** “Effectiveness of supportive program in shear group increasing quality of life in breast cancer patients”. Esfahan University, Esfahan, Iran, 2006-2008.
- **Researcher.** “Survey of effects on depletion leukocyte filter on alloimmunisation due to transfusion”. Shahid Beheshti University, Tehran, Iran, 2001-2006.
- **Supervisor.** “Effectiveness of energy conservation strategies on fatigue rate in patients undergoing chemotherapy for breast cancer”. Zohreh Koochi Roostam Kolae, Shahid Beheshti University, Tehran, Iran, 2004.
- **Supervisor.** “Evaluation of effectiveness of music therapy on anxiety of patients in ICU”. Aomid Behravash, Shahid Beheshti University, Tehran, Iran, 2001.
- **Supervisor.** “Evaluation of effectiveness of suggestion and forehead massage on chemotherapy induced nausea and vomiting in breast cancer”. Eragean Hamadan, Shahid Beheshti University, Tehran, Iran, 1999.
- **Supervisor.** “Effectiveness of peppermint liniment on low back pain of clients in the orthopaedic clinic”. Hamadan Farzean Mahnaz, Shahid Beheshti University, Iran, 1999.
- **Supervisor.** “Evaluation of effectiveness of self care on frequency and severity of nausea and vomiting”. Tehran, Iran, 1996.
- **Supervisor.** “Comparisons of pain due to heparin injection in 3 locations”. Shahid Beheshti University, Tehran, Iran, 1996.

Selected Short Training Courses

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| • Lymphoedema course
Held by the Royal Marsden NHS Foundation Trust, England | Dec-Jan 2014 |
| • Breast cancer care nursing course
Held by the Royal Marsden NHS Foundation Trust, England | July 2013 |
| • Tissue viability matters
Held by Southampton University, England | June 2013 |
| • Safeguarding children
Held by Southampton General Hospital, England | June 2013 |
| • Safeguarding adults at risk
Held by Southampton General Hospital, England | June 2013 |
| • After all the treatment: the delayed effects of disease and treatment interventions on individuals who have had head and neck cancer
Held by the Royal Marsden NHS Foundation Trust, London | Jan 2013 |
| • Nutrition and the cancer patient
Held by the Royal Marsden NHS Foundation Trust, London | Nov 2012 |
| • Respiratory Education Day
Held by the Respiratory Centre, University Hospital, Southampton | Oct 2012 |
| • Introduction to cytotoxic medication
Held by the Royal Marsden NHS Foundation Trust, London | Oct 2012 |
| • Managing Oral Complication in the Cancer and Palliative Care | Oct 2012 |

Setting

Held by the Royal Marsden NHS Foundation Trust, London

- Tissue Viability Aug 2012
Held by GNCS, Southampton, England
- Thoracotomy care July 2012
Held by the Royal Marsden NHS Foundation Trust, London
- End of Life Care 2011
Held by Southampton NHS Foundation Trust, Southampton
- Palliative care in Teenage and young adult cancer Nov 2009
Held by Macmillan, Southampton, England
- Palliative cancer care (pain control, nausea, end of life) 2007
Held by University of Sydney, Tehran
- Workshop: incontinence and ostomy care 2006
Held by British Council and Iranian Ostomy Society, Tehran
- Oncology Nursing Basic & Advance (OCN, AOCN) 2005
Held by Central Florida University, Florida
- Enterostomal course (ETNEP), Malaysia 2004
- Ostomy and Wound Care, Dubai 2001

TV and Radio Programmes and Interviews

- Palliative care and hospice 20 May 2014
- Introduction of Iranian Oncology Nurses' Society 15 May 2007
- The roles of oncology nurses, Radio Salamt, Iran 22 May 2007
- Who is the Oncology Nurse? (Nursing Day), 4th Channel of Radio, Iran 22 May 2007
- Prevention of cancer with food, IRIB2 TV, Iran 6 Jun 2007
- Reaction to cancer in juveniles, Channel 4TV, Iran 20 Sep 2007

Other Experiences

- Chief organiser and panel presenter of several national conferences
- Delivering different training workshops (chemotherapy course, care of ostomy, wounds and incontinence, nursing care in radiotherapy)
- Voluntary cooperation with Iranian Childhood Cancer Charity (Mahak)

Professional Memberships

- The International Cancer Care Nursing (ICCN)
- Wound, Ostomy, Continence Nursing Society (WOCN)