



## Academic Curriculum Vitae

**Seyedeh Narjes Mousavizadeh, Bsc, MScN, PhD**

**Associate professor, Department of Psychiatric Nursing and Management**

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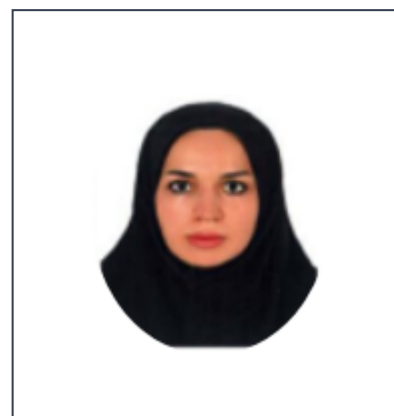
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### Research interests:

Mental Rehabilitation

Psychological Dimensions of Chronic Diseases

Social damage affecting mental health



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### Education

<u>Year</u>	<u>Degree</u>	<u>Institution</u>	<u>Location</u>
2016	PhD in nursing By getting the first rank of the entire course (19.55 grade point average) and permanent membership in the National Elites Foundation	Shahid Beheshti University of Medical Sciences	Tehran, Iran



2013	Master of Nursing By winning the first place in the entire course (18.83 grade point average) and being a brilliant student in this course]	Tehran University of Medical Sciences	Tehran, Iran
2023	Master of Medical Education	Shahid Beheshti University of Medical Sciences	Tehran, Iran
2006	Bachelor of Nursing	Iran University of Medical Sciences	Tehran, Iran

## Professional Experience and Executive Positions

- ☐ Faculty Member of the Psychiatric Nursing and Management Department, since 2017 until now
- ☐ Instructor at the School of Nursing and Midwifery, from 2013 to 2014
- ☐ Member of the Research Council of Shahid Beheshti School of Nursing and Midwifery, since 2020 until now
- ☐ Member of the Research Council of the Psychiatric Nursing and Management Department, since 2020 until now
- ☐ Member of the Curriculum Planning Committee, School of Nursing and Midwifery.
- ☐ Member of the Graduate Studies Council, School of Nursing and Midwifery.
- ☐ Member of the Education Development Office of Shahid Beheshti School of Nursing and Midwifery, since 2020 until now
- ☐ Responsible for the Accreditation of the Psychiatric Nursing and Management Department, since 2018
- ☐ Administrator of Student Research Committee, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences, December to February 2019; and from June 2021 until now
- ☐ Supervisor of Clinical Nursing Education at Imam Hossein Educational, Research and Treatment Center



- ❑ Academic Advisor for Nursing Students of Shahid Beheshti School of Nursing and Midwifery, since 2018
- ❑ Member of the Editorial Board of Journal of Knowledge of Nursing
- ❑ Reviewer of the Journal of Advances in Nursing and Midwifery Research
- ❑ Reviewer of the Journal of Advanced Biomedical Sciences
- ❑ Reviewer of the Iranian Nursing Journal
- ❑ Responsible for the Accreditation Committee of Rasool Akram Hospital, 2012 to 2014

## Research- Publications

1. Sadeghi F, Bahrami M, Lord B, Kaviani M, **Mousavizadeh SN**. The Effect of Interpersonal Therapy on Perceived Social Support and Depressive Symptoms in Adults with Type 2 Diabetes: A Randomized Controlled Trial. *Journal of Nursing and Midwifery Sciences*. 2025;12(4):e164407.
2. Keykha R, Seyedfatemi N, **Mousavizadeh SN**, Vasli P. Barriers Experienced by Nurses Working in Psychiatric Wards in Caring for Patients with Mental Disorders: A Qualitative Study. *Nursing Practice Today*. 2025;12(3):304-315.
3. Keykha R, Seyedfatemi N, **Mousavizadeh SN**, Vasli P. Mental Health Nurses' Experiences of Caring for InPatients with Severe Mental Disorders: A Qualitative Study. *BMC Psychiatry*. 2025;25:621.
4. Nazari AM, **Mousavizadeh SN**, Khorrami Khoramabadi Z, Yousefvand V, Ghazavi Dozin SMJ. Cultural Competence, Professional Values, and Spiritual Well-Being in Nursing Interns: A Descriptive Cross-Sectional Study. *BMC Nursing*. 2025;24:52.
5. Nazari AM, **Mousavizadeh SN**. The Relationship between Moral, Cultural, and Spiritual Competences with Aggression of Psychiatric Nurses: A Descriptive Correlational Study. *BMC Psychology*. 2025;13:919.
6. Shahmohammadi D, **Mousavizadeh SN**, Ilkhani M, Nasiri M. The Application of King's Nursing Theory in Increasing the Self-Efficacy of Diabetic Patients. *Journal of Holistic Nursing and Midwifery*. 2025; 11(4): 1-11.
7. Khoshgoftar Z, **Mousavizadeh SN**, Asadi-Samani H, Hakimzadeh A. Design, Implementation and Evaluation of a Training Workshop on Mindfulness in Clinical Encounters for Nursing Students of the Shahid Beheshti University of Medical Sciences. *Journal of Medical Education Development*. 2024; 18(4): 627-639.

8. Shafighi A, **Mousavizadeh SN**, Koshki M, Fini Y. Health Literacy and Parenting Stress among Iranian Parents of Children with Attention Deficit Hyperactivity Disorder: A Cross-Sectional Study. *Middle East Journal of Rehabilitation and Health Studies*. 2024; 11(4): 1-11.
9. **Mousavizadeh SN**, Yousefi Sh, Moosavi S, Nasiri M. Using an Evidence-Based Care Package to Improve Emergency Nursing Management of Patients with Traumatic Brain Injury. *Evidence Based Care Journal*. 2024; 14(2): 24-32.
10. Hakimzadeh A, **Mousavizadeh SN**, Shafighi A, Javaheri Tehrani F. Evaluation of Parental Stress and Quality of Life Among Iranian Parents of Hearing-Impaired Children with Cochlear Implantation History: A Cross-Sectional and Descriptive-Correlational Study. *Journal of Comprehensive Pediatrics*. 2024; 15(1): 1-9.
11. **Mousavizadeh SN**, Jandaghian-Bidgoli M. The Effects of Nurse-Led Spiritual Care on Psychological Well-being in the Healthcare Services of Patients with Cardiovascular Diseases in Iran: A Systematic Review. *BMC Cardiovascular Disorders*. 2024; 24: 403-418.
12. **Mousavizadeh SN**, Paknejad F, Jandaghian-Bidgoli M. Providing Nursing Care to Patients with Mental Disorders Based on King's Goal Attainment Theory: A Quasi-experimental Study. *Journal of Nursing and Midwifery Sciences*. 2023; 10(4): 1-10.
13. **Mousavizadeh SN**, Jandaghian Bidgoli MA. Recovery-oriented practices in community-based mental health services: a systematic review. *Iranian Journal of Psychiatry*. 2023; 18(3): 1-20.
14. Zahaki Arasteh S, Rezapour-Nasrabad R, **Mousavizadeh SN**, Nasiri M. Assessment of nurses' caring behaviors from the perspective of covid-19 patients. *Journal of patient experience*. 2023;10.
15. Tayyar-Iravanlou F, **Mousavizadeh SN**, Mohtashami J, Nasiri, M. The effect of metacognitive therapy on treatment adherence and life expectancy of patients with gastrointestinal cancers. *Journal of Kerman University of Medical Sciences*, 2022; 29(5): 477-483.
16. **Mousavizadeh SN**. The experiences of nursing students using virtual education during the covid-19 pandemic. *J Med Life*. 2022; 15(9): 1090-1095.
17. **Mousavizadeh SN**, Ghanbari Merdasi P, Safari M. Psychological challenges of nurses in pandemic covid-19. *PJMHS*. 2021; 15(1): 448-455.
18. **Mousavizadeh SN**, Banazadeh Z. Loss of time in the treatment adherence process: a qualitative study in a sample of Iranian people with diabetes. *Journal of Medicine and Life*. 2020; 13(3): 293-299.
19. **Mousavizadeh SN**, Ashktorab T, Ahmadi F, Zandi M. From negligence to perception of complexities in adherence to treatment process in people with diabetes: A grounded theory study. *Iran J Med Sci*. 2018; 43(2): 150-157.
20. **Mousavizadeh SN**, Mohtashami J. Correlation between Professional Autonomy and Evidence Based Practice in Nurses. *Medical Sciences*. 2018; 22(94): 514-517.
21. **Mousavizadeh SN**, Ashktorab T, Zandi M. The process of adherence to treatment: experience of Iranian people with diabetes. *Medical Sciences*. 2018; 22(91): 350-356.

22. **Mousavizadeh SN**, Manoochehri H, Hosseini M, Ahmad Larijani F. Effect of objective structured clinical examination on nursing students' clinical skills. *J Res Med Dent Sci*. 2018; 6(1): 323-329.
23. **Mousavizadeh SN**, Ashktorab T, Zandi M. Improvement of adherence to treatment in people with diabetes: an Iranian perspective. *J Res Med Dent Sci*. 2017; 5(6): 71-78.
24. **Mousavizadeh SN**, Atashzadeh Shoorideh F, Shabani F. The effect of modern leadership styles on creativity of employees: a systematic review. *Advances in Nursing & Midwifery*. 2016; 26(92): 59-77.
25. **Mousavizadeh SN**, Ashktorab T, Ahmadi F, Zandi M. Evaluation of barriers to adherence to therapy in patients with diabetes. *J Diabetes Nurs*. 2016; 4(3): 94-108.
26. **Mousavizadeh SN**, Ashktorab T, Shabani F. Challenges of professional socialization of nurses and solutions. *Advances in Nursing & Midwifery*. 2015; 26(93): 85-77.
27. **Mousavizadeh SN**, Ilkhani M. Patient decision aids and outcomes of its performance into routine clinical settings: a review article. *Advances in Nursing & Midwifery*. 2015; 25(89): 11-20.
28. **Mousavizadeh SN**, Safari M. Investigating effective factors in the return to substance abuse in the clients of addiction treatment centers in Maragheh city. *Advances in Nursing & Midwifery*. 2013; 24(86): 64-57.
29. Ghiathundian Sh, **Mousavizadeh SN**, Dehghan Nairi N, Haqqani H. Investigating the impact of the decision-making package on the treatment chosen by breast cancer patients and its consequences. *Journal of Fasa University of Medical Sciences*. 2012; 3(3): 271-279.

## Books

Year	Authors	Title	Publication Company
2025	<b>Dr. Narjes Mousavizadeh</b> , Mobina Momeni	Discharge Planning Guide for Psychiatric Patients and Their Families	Publications of Shahid Beheshti University of Medical Sciences
2024	<b>Dr. Narjes Mousavizadeh</b>	Mindfulness, a Way to Find Peace in a Crazy World (Simple and Practical Mindfulness for Students)	Publications of Shahid Beheshti University of Medical Sciences
2023	<b>Dr. Narjes Mousavizadeh</b> , Sajjad Hosseinzadeh	A Comprehensive Summary of Mental Health and Psychiatric Nursing	Publications of Shahid Beheshti University of Medical Sciences
2022	<b>Dr. Narjes Mousavizadeh</b> , Atena Hakimzadeh	Practical and Comprehensive Guide to Diabetes Care	Publications of Shahid Beheshti University of Medical Sciences
2014	A group professor of Shahid Beheshti Nursing and Midwifery Faculty	Comprehensive Textbook of Internal Surgical Nursing	Subhan Publications