



Academic, Research, and Clinical CV

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Research Interests

- Emergency Medicine (Pre-hospital Emergency)
- Emergency Nursing Care
- Intensive Care
- Nursing Management
- Nursing Education
- Quantitative, Qualitative, and Mixed-method Research

Education and Academic Achievements

- **PhD in Nursing**, Tarbiat Modares University, 2024
- Ranked 3rd in the Ministry of Health PhD Entrance Exam, 2020
- **Master of Science in Nursing (Critical Care Nursing)**, Tehran University of Medical Sciences, 2016, Ranked 4th nationally
- **Bachelor of Science in Nursing**, Ilam University of Medical Sciences, 1999

Clinical Work Experience

- Clinical Nurse in Women's Surgery, Women's Internal Medicine, Post-CCU Women's, and NICU units
- Infection Control Nurse
- Exemplary Nurse, Shahid Mostafa Khomeini Hospital, Ilam, 2004

Teaching Experience

- Member of Internal-Surgical Nursing Education Group, School of Nursing and Midwifery, Ilam University of Medical Sciences (1389–1393 SH)
- Member of Internal-Surgical Nursing Education Group, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences (1394 SH–present)
- Lecturer, Emergency Care (for International Students), School of Nursing and Midwifery, Iran University of Medical Sciences
- Lecturer, Emergency Nursing Course, Iran University of Medical Sciences• Lecturer, Nursing Care in Emergencies, Disasters, and Accidents
- Lecturer, Emergency Nursing Care (MSc in Emergency Nursing)
- Lecturer, Health Service Delivery in Disasters (MSc in Emergency Nursing)• Lecturer, Adult/Elderly Nursing 3 (Infectious Diseases)
- Practical Instructor, Blood Transfusion and Various Injections, School of Medicine, Shahid Beheshti University of Medical Sciences
- Supervisor, Adult/Elderly Practicum 1, 2, and 3• Supervisor, Internal Emergencies Practicum 2, EMS field
- Supervisor, Emergency Care Practicum 2, MSc in Emergency Nursing• Supervisor, Traumatic Patient Management Practicum, MSc in Critical Care Nursing
- Clinical Instructor, Trauma Clinical Skills Lab (1394–1399 SH)
- Research Expert, Internal-Surgical Group, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
- Supervisor and Advisor of MSc theses in Emergency Nursing
- Internal and External Reviewer, and Postgraduate Representative for MSc nursing theses
- Reviewer of research proposals in Pajouhan
- Collaborator in research projects

Awards and Recognitions

- Outstanding Nurse, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences (1395 SH and 1404 SH)
- Exemplary Professor, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences (1398 SH)

- Top Poster Award, International Anxiety Congress (1395 SH) for:
“Assessing the effect of information provision on anxiety levels in patients transferring from the cardiac intensive care unit to the general ward”

Administrative and Committee Memberships

- Matron(**Chief Nursing Officer (CNO)**), Shahid Mostafa Khomeini Hospital, Ilam University of Medical Sciences
- Head Nurse, Specialized Ward of Women’s Surgery and Obstetrics
- Supervisor, Shahid Mostafa Khomeini Hospital, Ilam
- Head of Educational Planning, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
- Head of the Clinical Skills Unit for Trauma (Trauma Skill Lab)
- Collaboration with the Examination Committee, School of Nursing, Shahid Beheshti University of Medical Sciences (1394–1404 SH)
- OSCE Examiner, School of Nursing, Shahid Beheshti University of Medical Sciences
- Secretary, Neonatal Mortality Committee, Shahid Mostafa Khomeini Hospital, Ilam
- Member of specialized committees including Blood Transfusion, Crisis Management, Professional Ethics, and others, Shahid Mostafa Khomeini Hospital, Ilam
- Collaboration with the Examination Committee, School of Nursing, Ilam University of Medical Sciences
- Member of Crisis Management Committee, Shahid Beheshti University of Medical Sciences
- Collaboration with EDO (Educational Development Office), School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
- Member of Faculty Empowerment Committee, School of Nursing and Midwifery, Shahid Beheshti University of Medical Sciences
- Preparation of the Logbook for BSc Emergency Medical Services studen

Workshops and Presentations

- Organizer, Communication Skills Workshop for MSc students in Emergency Nursing
- Speaker in numerous webinars on the Medical Continuing Education system
- Member and Organizer of specialized workshops, Scientific Association of Medical Education
- Speaker, International Congress on Endocrine and Metabolism Diseases (1394 SH), presentation title:
“Comparison of blood cortisol concentration before and after transfer order in patients transferred from the cardiac intensive care unit to the general ward”
- Poster Presentation, International Congress on Endocrine and Metabolism Diseases (1394 SH), title:
“Comparison of blood glucose concentration before and after awareness of transfer order in patients transferred from the cardiac intensive care unit to the general ward”
- Speaker, International Congress on Health, Crisis and Safety (1401 SH, Georgia), title:
“Safety in the pre-hospital emergency environment from the patients’ point of view”

Books

- Second Author, *Question Bank for Statistics and Research Methods*, Ministry of Health

Publications

- The effect of provision of information on serum cortisol in patients transferred from the coronary care unit to the general ward: A randomized controlled trial. *Intensive and Critical Care Nursing*, 46 (2018), 38–43.
- The Clinical Skills of Emergency Medical Service (EMS) Personnel Regarding Spinal Immobilization of Trauma Victims; a Cross-Sectional

Study. *Archives of Academic Emergency Medicine*, 9(1), e3, 2021. <https://doi.org/10.22037/aaem.v9i1.928>

- Knowledge, Attitude, and Practice of Emergency Medical Services Staff in Bleeding Control of Trauma Patients; a Cross-Sectional Study. *Archives of Academic Emergency Medicine*, 8(1), e11, 2020. PMID: 32259111; PMCID: PMC7130440.
- Comparison of quality of nursing care from the perspective of nurses and patients. *Scientific Journal of Nursing, Midwifery and Paramedical Faculty*, 9(1), 92–99.
- Managing the process of patient transfer by emergency care providers: A qualitative study. *International Emergency Nursing*, 75 (2024), 101473.
- Patient Transfer Process From Pre-Hospital to the Hospital Emergency Department: A Grounded Theory Study. *Nurs Open*, 12(7), e70190, 2025. doi: 10.1002/nop2.70190. PMID: 40607736; PMCID: PMC12224193.
- Psychometric evaluation of “Family Inventory of Needs” in parents of cancer children. *European Journal of Oncology Nursing*, 54 (2021), 102021.
- Analysis of Needs of Patients and Families When Receiving Bad News Based on Lived Experiences: A Qualitative Study. *Journal of Medical Ethics- Scientific Research*, 19, 1–17, 2026. <https://doi.org/10.22037/mej.v19i-51968>